

# My User Manual



## **Vansh Sehgal**

Balancing Resilience and Sensitivity: A Passion for Football, Fitness, and Nurturing Relationships



## **1 thing I am proud of**

My consistent ability to be empathetic, caring, and present for my loved ones



## **My greatest hobby**

### **Football**

I have been playing the sport since I was 10 and I feel like I've learnt more valuable life lessons on the field than off the field

## Favourite dish



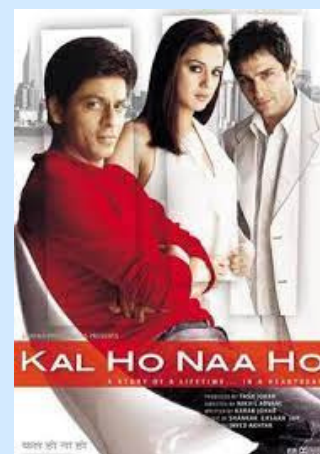
**Butter Chicken**

## Destination



**Anywhere with mountains**

## Movie



**Kal Ho Naa Ho**

## Music Type



**Punjabi**

# My 7 life dimensions

-  Career
-  Friends and family
-  Health, personal growth
-  Spirituality
-  Creative outlets
-  Social causes

# My learning style

I am a **Converger**

## 2 Strength

- Multitasking
- Following Deadlines

## 1 Opportunity

- Becoming an all round marketing head by undertaking diverse activities

## **Buddy with Opposite learning style:**

Varnika Goel (Diverger)